

## PRECAUTIONS

- This product is designed for your comfort and for a domestic use. If there is any doubt about the heat or coolness use in your situation, please consult a doctor.
- In case of sickness or discomfort, stop using CLIMSOM MINI and consult a doctor.

## ADVICE

Use the intense freshness to relieve headaches, improve sleep, relieve heavy legs and restless legs.

Use the intense heat on low back pain, neck pain, lumbago and other muscle contractures.

The coolness or heat will be felt even through clothing.

Lie down on the CLIMSOM MINI pillow at the target location to best feel the chosen temperature.

Get on the “soft” fabric surface of the CLIMSOM MINI pillow whenever you want a more moderate temperature.

You can program a postponed start or an early stop. Please refer to your thermo-controller instructions manual.

## COMPOSITION

“Intense” surface	PVC
“Soft” fabric surface	80% POLYESTER – 20% COTON
Connection pipe (2m)	100% SILICONE

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# (climsom) *mini*

## Thermotherapy Pillow



To work, the CLIMSOM MINI pillow must be connected to a CLIMSOM thermo-controller.

A "Y" connector is available for purchase to connect the pillow and another CLIMSOM accessory (mattress topper, belt) to the same thermo-controller.

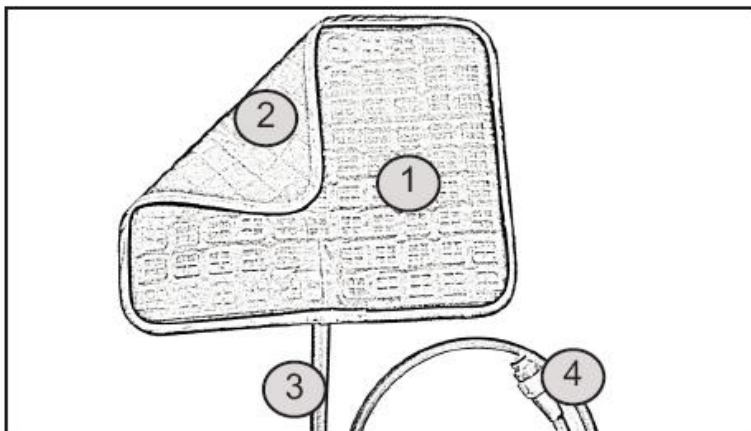
With its small size, PVC material and the amount of water flowing through it, the CLIMSOM MINI achieves the coolest or warmest temperature, applying it locally where you need it most (head, back, calves...).

The CLIMSOM MINI thermotherapy pillow is available in size 38x38cm and 50x30cm.

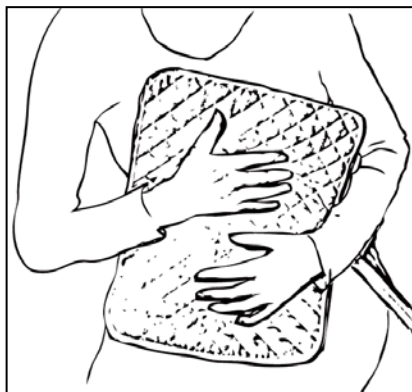
**Read carefully this manual before use**



## DESCRIPTION



- 1 – "Intense" thermo-controlled surface
- 2 – "Soft" fabric thermo-controlled surface
- 3 – Connection pipe (2m)
- 4 – Connector



## INSTALLATION

1 – Place your CLIMSOM MINI pillow under the head or desired body part. For a high thermal intensity, use the thermo-controlled "intense" PVC/Silicone surface (1) of the pillow and for a moderate thermal intensity chooses the thermo-controlled "soft" fabric surface (2).

2 – Connect your CLIMSOM MINI pillow to your CLIMSOM thermo-controller. Be sure each connector is correctly plugged in. You must hear a loud "click".

3 – Fill the water tank of your CLIMSOM thermo-controller, ideally with demineralized or distilled water, or with low mineral content and low lime water.

4 – Turn your CLIMSOM thermo-controller on and set the temperature on the screen or with the remote. To start, try moderate temperatures and increase or decrease gradually to find your personal comfort temperature.

the CLIMSOM MINI makes it possible to reach temperatures between 8°C and 48°C, these temperatures are given as an indication as they depend on many factors (volume of the room, surrounding temperature, sleeper temperature, room ventilation, sleeper morphology, thermal inertia of the mattress...).

## MAINTENANCE

The CLIMSOM MINI can be hand washed with soft soap and sponge, without any detergent.



- Let dry in open air. Do not use tumble dryer.
- Do not expose to sunlight.
- Do not iron.
- Do not dry clean.
- Do not mark the folds when you store your CLIMSOM INTENSE.
- For storage, empty water from the pad by pressing on the "drop-stop" springs connector thanks to the drain key included with your CLIMSOM thermo-controller, and place the product in a dry place.
- Due to temperature spread, there might be condensation: air out your bed.